# **RUHS** — Behavioral Health **Substance Abuse Prevention** and Treatment Clinics

RIVERSIDE

2085 Rustin Ave., Bldg 3 Riverside, CA 92507

951-955-2105

TEMECULA

40925 County Ctr., Ste 200 Temecula, CA 92591

951-600-6360

**CORONA** 

623 N. Main St. Ste D11 Corona, CA 92880 951-737-2962

**CATHEDRAL CITY** 

68-615 Perez Rd., Ste 6A Cathedral City, CA 92234

760-770-2286

SAN JACINTO

1370 S. State St., Ste A San Jacinto, CA 92583

951-791-3350 **Open Saturdays**  INDIO

83912 Avenue 45, Ste 9

Indio, CA 92201 760-347-0754

BLYTHE

1297 W. Hobsonway Blythe, CA 92225 760 921-5000

LAKE ELSINORE

31764 Casino Dr., Ste 300 Lake Elsinore, CA 92530

951-471-4649

**DESERT HOT SPRINGS** 

14320 Palm Dr. **Desert Hot Springs, CA** 

760-770-2264

92240

BANNING

1330 W. Ramsey St. Banning, CA 92220

951-849-7142

**DRINKING DRIVER PROGRAMS (DDP)** 

**Substance Abuse Prevention & Treatment Programs Administration & Friday Night Live (FNL)** 

Riverside

2085 Rustin Ave., Bldg 3

Riverside CA, 92507 (951) 955-7350

Indio

83912 Avenue 45, Ste 9

Indio CA, 92201 (760) 863-8471

**FNL** 

3525 Presley Ave. Riverside Ca. 92507

(951) 782-2400 - Administration (951) 782-5000 - Prevention & FNL

# **Substance Use** Community Access, Referral, **Evaluation, and Support Line** (SU CARES) 800-499-3008

Guidance and assistance is available through Behavioral Health SU CARES Hotline. We provide substance abuse prevention and treatment services for individuals and families. Services included are screening with placement, and direct referrals for individuals within Riverside County.

### **RUHS - Behavioral Health Substance Abuse Clinics Provide:**

- Personal and private screening, assessment, and placement services.
- Individual and family prevention services
- Substance abuse treatment, individual and family counseling, and group counseling
- Individual and family guidance for individuals desiring help and a life of recovery
- Information for individuals and families regarding help and assistance

#### **Care Coordination Teams (CCT)**

**CCT Western Region — 951-955-7302 CCT Desert Region — 760-770-2286** 

This document is available in alternate formats upon request





Riverside University Health System **Behavioral Health** 

**Family Advocate Program & Substance Abuse** 

If you need assistance please call 800-330-4522

> "We've Been There, We Can Help"

## **About Our Program**

Having a family member with Substance Abuse challenges places an enormous burden on families. It affects all of its members: parents, siblings, children, and spouses.

The psychological, financial, and physical well-being of family members is often negatively affected. Due to the stigma society places on mental illness and substance abuse, families often feel isolated and deprived of support in the community.

The primary function of the **Family Advocate Program** is to assist family members in coping with the behavioral health challenges of their adult family member through the provision of information, education, and support.

In addition, the **Family Advocate Program** provides information and assistance to family members in their interaction with service providers and the Behavioral Health System, in an effort to improve and facilitate relationships between family members, service providers, and the Behavioral Health System in general.

The **Family Advocate Program** staff are themselves family members, so families may feel confident they are dealing with individuals who are sensitive to their needs.

ALL SERVICES AND PRESENTATIONS ARE FREE OF
CHARGE
SERVICIOS DISPONIBLES EN ESPAÑOL

## **Drug Use Hurts Families**

When a person has a drug problem, they have a disease that can effect the entire family.

Drug use puts a lot of stress on parents, brothers and sisters, grandparents—anyone who is part of the home.

When family members take drugs:

- You can't count on them to do what they say they will do.
- They may forget or get distracted because their focus is on getting and taking drugs.
- They might lie or steal money to buy drugs.
- They might get fired from their jobs.
- They might not come home at night.
- They may do bad things they would never do if they weren't using drugs.

Family members might fight a lot because of the problems the drug use is causing. The person who is using drugs might do and say things that upset neighbors and friends and make the family ashamed.

Some people who are addicted don't believe that they are sick and out of control, so they don't look for treatment. They don't see the problems they are causing themselves and those around them. Other people who are addicted are aware of the problem, but may be so upset and confused that they don't know how to ask for or get help.

These are examples of the types of concerns that often face family members. Support for these and other similar concerns is available through the **Family Advocate Program**.

#### **Services We Provide**

- Individual Support
- Family Support Groups
- Family Education Programs
- Navigating the Behavioral Health System
- Community Resources and Referrals

The Family Advocate Program provides

#### **Support Groups**

weekly support groups in both English and
Spanish throughout the county. Please contact
your Family Advocate for information regarding
additional support groups in your area.

# Senior Family Advocate, County Wide Substance Abuse

(Countywide)

(951) 955-1745

#### **Western Region Family Advocate**

(Serving Riverside, Corona, Moreno Valley, Norco, Jurupa Valley)

951-955-1496

#### **Mid-County Region Family Advocate**

(Serving Hemet, Lake Elsinore, Menifee, Murrieta, Perris, San Jacinto, Temecula)

800-330-4522

#### **Desert Region Family Advocate**

(Serving Beaumont, Banning, Coachella, Cathedral City, Desert Hot Springs, Indio, Rancho Mirage, Palm Springs)

760-863-8516